



2025-2026



## Int/Sr Star Skate

| Monday 3:45pm-6:20pm                                                                                                         | Tuesday 3:45pm-5:35pm                                                                                | Wednesday 3:45pm-6:10pm                                                                                                       | Thursday 3:45pm-6:25pm                                                                                                       | Friday morning 6:30am-7:30am     | Saturday 12:45pm-3:15pm                                                                          |
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| 3:45-4:00 Dryland Warm-up<br>4:00-4:15 Group Development<br>4:15-5:15 FreeSkate<br>5:15-5:30 D/SS Group<br>5:40-6:20 Off-Ice | 3:45-4:00 Dryland warm-up<br>4:00-4:45 FreeSkate<br>4:45-5:00 Group Development<br>5:05-5:35 Off-Ice | 3:45-4:00 Dryland Warm-up<br>4:00-4:45 FreeSkate<br>4:45-5:00 Group Development<br>5:00-5:15 Group Spins<br>5:25-6:10 Off-Ice | 3:45-4:00 Dryland warm-up<br>4:00-4:15 Group Development<br>4:15-4:30 D/SS Group<br>4:30-5:30 FreeSkate<br>5:40-6:25 Off-Ice | 6:30-7:30 FreeSkate/Open Session | 12:45-1:30 Off-Ice<br>1:45-2:00 Group Development<br>2:00-3:00 FreeSkate<br>3:00-3:15 D/SS Group |

## Jr B

| Monday 3:45pm-6:20pm                                                                                                         | Tuesday 3:45pm-5:35pm                                                                                | Wednesday 3:45pm-6:10pm                                                                                                                            | Thursday 3:45pm-6:25pm                                                                                                       | Friday morning 6:30am-7:30am     | Saturday 2:15pm-4:30pm                                                                          |
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| 3:45-4:00 Dryland Warm-up<br>4:00-4:15 Group Development<br>4:15-5:15 FreeSkate<br>5:15-5:30 D/SS Group<br>5:40-6:20 Off-Ice | 3:45-4:00 Dryland warm-up<br>4:00-4:45 FreeSkate<br>4:45-5:00 Group Development<br>5:05-5:35 Off-Ice | 3:45-4:00 Dryland Warm-up<br>4:00-4:45 FreeSkate<br>4:45-5:00 Group Development<br>5:00-5:15 Group Spins<br>5:25-6:10 Off-Ice<br>5:55-6:40 Off-Ice | 3:45-4:00 Dryland warm-up<br>4:00-4:15 Group Development<br>4:15-4:30 D/SS Group<br>4:30-5:30 FreeSkate<br>5:40-6:25 Off-Ice | 6:30-7:30 FreeSkate/Open Session | 2:15-3:00 Off-Ice<br>3:15-3:30 Group D/SS<br>3:30-4:15 FreeSkate<br>4:15-4:30 Group Development |

## Jr A

| Monday 4:15pm-6:00pm                                                             | Tuesday 3:45pm-5:35pm                                                                                         | Wednesday 3:45pm-6:10pm                                                                                                                | Thursday 3:45pm-6:25pm                                                                                                                | Friday morning 6:30am-7:30am     | Saturday 2:15pm-4:30pm                                                                          |
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| 4:15-4:50 Off-Ice<br>5:00-5:45 Jr Group FreeSkate<br>5:45-6:00 Group Development | 3:45-4:00 Dryland warm-up<br>4:00-4:45 Jr Group FreeSkate<br>4:45-5:00 Group Development<br>5:05-5:35 Off-Ice | 3:45-4:00 Dryland Warm-up<br>4:00-4:45 Jr Group FreeSkate<br>4:45-5:00 Group Development<br>5:00-5:15 Group Spins<br>5:25-6:10 Off-Ice | 3:45-4:00 Dryland warm-up<br>4:00-4:15 Group Development<br>4:15-4:30 D/SS Group<br>4:30-5:30 Jr Group FreeSkate<br>5:40-6:25 Off-Ice | 6:30-7:30 FreeSkate/Open Session | 2:15-3:00 Off-Ice<br>3:15-3:30 Group D/SS<br>3:30-4:15 FreeSkate<br>4:15-4:30 Group Development |

## Adult Star

| Monday 5:45pm-7:25pm                                                    | Tuesday 3:45pm-5:35pm (early)                                                                        | Wednesday 3:45pm-6:10pm                                                                                                                | Thursday 3:45pm-6:25pm                                                                                                       | Friday morning 6:30am-7:30am     | Saturday 12:45pm-3:15pm                                                                          |
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| 5:45-6:00 Group Development<br>6:00-6:45 FreeSkate<br>6:55-7:25 Off-Ice | 3:45-4:00 Dryland warm-up<br>4:00-4:45 FreeSkate<br>4:45-5:00 Group Development<br>5:05-5:35 Off-Ice | 3:45-4:00 Dryland Warm-up<br>4:00-4:45 Jr Group FreeSkate<br>4:45-5:00 Group Development<br>5:00-5:15 Group Spins<br>5:25-6:10 Off-Ice | 3:45-4:00 Dryland warm-up<br>4:00-4:15 Group Development<br>4:15-4:30 D/SS Group<br>4:30-5:30 FreeSkate<br>5:40-6:25 Off-Ice | 6:30-7:30 FreeSkate/Open Session | 12:45-1:30 Off-Ice<br>1:45-2:00 Group Development<br>2:00-3:00 FreeSkate<br>3:00-3:15 D/SS Group |
|                                                                         | <b>Tuesday 5:05pm-6:30pm (late)</b><br>5:05-5:35 Off-Ice<br>5:45-6:30 FreeSkate                      |                                                                                                                                        |                                                                                                                              |                                  |                                                                                                  |

\* No skating

September 30, 2025 Truth and Reconciliation  
October 13, 2025 Thanksgiving  
November 11, 2025 Remembrance Day  
February 16, 2026 Family Day  
May 18, 2026 Victoria Day

\* Special Events

September 27, 2025 AGM  
November 22, 2025 Rising Star Event  
December 11, 2025 Assessment Day- Star 6-Gold  
December 20, 2025 Winter Gala and Family Fun Skate  
March 14, 2026 Rising Star Event  
March 26, 2026 Assessment Day- Star 6-Gold  
May 28, 2026 Assessment Day- Star 6-Gold  
June 13, 2026 Ice Show